

# Excel - Excel Essentials and Formulas

**Category:** Office Applications | **Vendor:** Microsoft

**Duration:** 8.00 hours (1 days)

**6.5 CPD Hours**

**Rating:** ★ 4.6 (5,878 reviews)

## Course Information

**Delivery Format:** Instructor Led - Online

## Course Overview

This course is intended for those who wish to gain the foundational understanding of Excel that is necessary to create and work with electronic spreadsheets. Excel can help you organize, calculate, analyze, revise, update, and present your data.

## About This Course

This course is intended for those who wish to gain the foundational understanding of Excel that is necessary to create and work with electronic spreadsheets. Excel can help you organise, calculate, analyse, revise, update, and present your data.

## Who Should Attend

To ensure success, students will need to be familiar with using personal computers and should have experience using a keyboard and mouse. Students should also be comfortable working in the Windows environment and be able to manage information on their computers.

# Learning Outcomes

---

**Upon successful completion of this course, participants will be able to:**

Upon successful completion of this course, you will be able to create and develop Excel worksheets and workbooks in order to work with and analyse the data that is critical to the success of your organisation.

## Detailed Course Outline

---

### Getting Started with Excel

- Navigate the Excel User Interface
- Use Excel Commands
- Create and Save a Basic Workbook
- Enter and Edit Cell Data
- Fill Cells with Series of Data (AutoFill and Flash Fill)
- Use Excel Help

### Performing Calculations

- Create Worksheet Formulas
- Insert Functions and use Autocomplete

- Reuse Formulas and Functions

- Create an Absolute Reference

## Modifying a Worksheet

- Insert, Delete, and Adjust Cells, Columns, and Rows

- Move and Copy Data between Cells

- Search for and Replace Data

- Use Spellcheck and Proofing

## Formatting a Worksheet

- Apply Text Formats

- Apply Number Formats

- Align Cell Contents

- Apply and Copy Cell Styles

- Apply Basic Conditional Formatting

## Printing Workbooks

- Preview and Print a Workbook
- Controlling Page Layout
- Adding Headers and Footers
- Set Print Titles and Print Ranges

## Managing Workbooks

- Manage Worksheets
- Insert and Delete Worksheets
- Manage Workbook and Worksheet Views
- Manage Workbook Properties

# Upcoming Schedule

## Available training dates for Excel - Excel Essentials and Formulas:

Start Date	End Date	Location	Delivery	Price
09 Jun 2026	09 Jun 2026	Virtual Classroom - Zoom Link will be sent to you 7 days before the co	Virtual	€295.00
10 Jul 2026	10 Jul 2026	Virtual Classroom - Zoom Link will be sent to you 7 days before the co	Virtual	€295.00
20 Aug 2026	20 Aug 2026	Virtual Classroom - Zoom Link will be sent to you 7 days before the co	Virtual	€295.00
08 Sep 2026	08 Sep 2026	Virtual Classroom - Zoom Link will be sent to you 7 days before the co	Virtual	€295.00
07 Oct 2026	07 Oct 2026	Virtual Classroom - Zoom Link will be sent to you 7 days before the co	Virtual	€295.00
12 Nov 2026	12 Nov 2026	Virtual Classroom - Zoom Link will be sent to you 7 days before the co	Virtual	€295.00
07 Dec 2026	07 Dec 2026	Virtual Classroom - Zoom Link will be sent to you 7 days before the co	Virtual	€295.00

## Additional Course Details

Nexus Humans Excel - Excel Essentials and Formulas training program is a workshop that presents an invigorating mix of sessions, lessons, and masterclasses meticulously crafted to propel your learning expedition forward.

This immersive bootcamp-style experience boasts interactive lectures, hands-on labs, and collaborative hackathons, all strategically designed to fortify fundamental concepts.

Guided by seasoned coaches, each session offers priceless insights and practical skills crucial for honing your expertise. Whether you're stepping into the realm of professional skills or a seasoned professional, this comprehensive course ensures you're equipped with the knowledge and prowess necessary for success.

While we feel this is the best course for the Excel - Excel Essentials and Formulas course and one of our Top 10 we encourage you to read the course outline to make sure it is the right content for you. Additionally, private sessions, closed classes or dedicated events are available both live online and at our training centres in Dublin and London, as well as at your offices anywhere in the UK, Ireland or across EMEA.

# Frequently Asked Questions

---

## **Q: What delivery options are available for Excel - Excel Essentials and Formulas?**

We offer multiple delivery formats:

- Live Instructor-Led Classroom Online (Virtual/Live Online)
  - Traditional Instructor-Led Classroom Training (ILT)
  - On-site delivery at your offices anywhere in United Kingdom
  - Private dedicated courses customized for your team
- 

## **Q: How many CPD hours does this course provide?**

The 1-day Excel - Excel Essentials and Formulas course provides up to 6.5 CPD hours of structured learning. CPD certificates can be provided upon request.

---

## **Q: What is the duration of the Excel - Excel Essentials and Formulas training?**

The training takes place over 1 day(s), with each day lasting approximately 8.00 hours including breaks for lunch and refreshments.

---

## **Q: Do you provide corporate training for Excel - Excel Essentials and Formulas?**

Yes, we provide corporate training, dedicated training, and closed classes for Excel - Excel Essentials and Formulas. Training can take place anywhere in United Kingdom including London, Manchester, Birmingham, Edinburgh, or live online allowing teams from across United Kingdom or internationally to attend.

---

## Q: Why choose Nexus Human for Excel - Excel Essentials and Formulas?

Nexus Human is recognized as one of the leading training providers. Our trainers have won multiple awards including:

- Small Firms Best Trainer Award
- National Training Partner of the Year (Ireland) - Multiple Years
- Global Top 30 Instructor Awards (2012, 2019, 2021)
- Tech Excellence Award Nominations
- Learning Performance Institute (LPI) External Training Provider Sponsor 2024


---

## Q: Are there any discount codes available?


Yes! Use discount code **PENPAL5** when booking your Excel - Excel Essentials and Formulas training. Please note that only one discount code can be used per booking and cannot be combined with other special offers.

# Nexus Human

## Professional Training & Development

 Email: [info@nexushuman.com](mailto:info@nexushuman.com)

 Website: [www.nexushuman.com](http://www.nexushuman.com)

 Phone: +353 1 XXX XXXX (Ireland) | +44 20 XXXX XXXX (UK)