

Project Management Foundations - 1-day Workshop

Category: Project Management & Business Skills | **Vendor:** PMI

Duration: 8.00 hours (1 days) **6.5 CPD Hours** **Rating:** ★ 4.6 (5,878 reviews)

Course Information

Delivery Format: Instructor Led - Online

Course Overview

Organizations that leverage project management best practices complete projects on time 28% more often and deliver on budget 24% more often than organizations that do not have a strong focus on project management standards.¹ This hands-on, discussion-oriented workshop allows students to gain a foundational knowledge of project management best practices and provides the opportunity to apply their project management learnings to real-life scenarios. Covering both predictive and adaptive approaches, the workshop emphasizes utilizing the latest practices, such as Artificial Intelligence (AI), that will be most effective within your organization. Upon completion of the workshop, students will receive a certificate of completion. This workshop course is offered as either a 1 or 2 day course to fit your schedule needs. Note: This course has been approved by PMI for 8 PDUs.

About This Course

Organizations that leverage project management best practices complete projects on time 28% more often and deliver on budget 24% more often than organizations that do not have a strong focus on project management standards.¹ This hands-on, discussion-oriented workshop allows students to gain a foundational knowledge of project management best practices and provides the opportunity to apply their project management learnings to real-life scenarios. Covering both predictive and adaptive approaches, the workshop emphasizes utilizing the latest practices, such as Artificial Intelligence (AI), that will be most effective within your organization. Upon completion of the workshop, students will receive a certificate of completion. This workshop course is offered as either a 1 or 2 day course to fit your schedule needs. Note: This course has been approved by PMI for 8 PDUs.

Who Should Attend

This course is intended for anyone looking to enhance or reinforce their understanding of project management foundational concepts and techniques, including both new and experienced project managers.

How You Will Benefit

- Understand the foundational principles, terms, and approaches of project management
- More effective use of industry-standard project management tools and techniques, including AI
- Experience via workshop activities to practice utilizing project management frameworks
- Immediate applicability to ongoing projects

Learning Outcomes

Upon successful completion of this course, participants will be able to:

Understand and use project management core terms Explain key project management concepts and their importance to project and organizational success Identify key stakeholder roles and leverage them to engage all stakeholders Develop components of a project management plan appropriate for any type or size of project Select the best practices for a project using Predictive, Agile, or Hybrid approaches and apply them appropriately to benefit the project and organization

Detailed Course Outline

Project Context & Approach

- Projects, Products, and Processes
- Project Management and the Project Life Cycle
- Defining Project Success
- Waterfall vs Agile

Partnering with Stakeholders

- Key Project Roles and Responsibilities
- Responsibility Assignment Matrix (RAM) – RACI Diagrams Exercise

Initiating the Project

- Predictive Project Life Cycle
- Project Charters

Planning the Project

- Project Management Plan Best Practices
- The PM Plan Components
- Balancing Constraints

Defining Project Scope

- The Work Breakdown Structure (WBS)
- Creating a WBS Example

Defining and Estimating Activities

- Breaking Down Activities
- Effort vs. Duration
- Defining Activities Exercise

Developing the Project Schedule

- Dependencies, Leads, and Lags
- The Critical Path and Float
- Schedule Compression
- Schedule Formats
- Developing a Budget
- Creating a Schedule and Budget Exercise

Planning Project Communications

- Tailoring Stakeholder Communications
- Project Communication Challenges and Best Practices
- Communications Matrix
- Creating a Project Communications Plan Exercise

Planning Project Risk Management

- Risk Identification Challenges
- Identifying Risks: Knowns and Unknowns
- Risk Analysis
- Planning Risk Responses
- Creating Risk Register Exercise

Artificial Intelligence

- Generative AI vs. Artificial General Intelligence
- Opportunities & Risks

Executing the Project

- Leading and Managing Projects
- Developing the Team and Trust
- Engaging Stakeholders

Overseeing and Controlling the Project

- Change Management
- Tracking and Reporting
- Controlling the Project Schedule
- Monitoring Communications, Risk, and Stakeholder Engagement
- Project Monitoring and Controlling Top 5

Closing the Project

- Closing Projects, Phases, or Milestones
- Lessons Learned
- Celebrating Project Successes

Wrap-Up

- Parking Lot Review
- New Ideas, Confirmations, and Takeaways

Upcoming Schedule

Available training dates for Project Management Foundations - 1-day Workshop:

Start Date	End Date	Location	Delivery	Price
27 Aug 2026	27 Aug 2026	Online	Virtual	€795.00
17 Sep 2026	17 Sep 2026	Online	Virtual	€795.00
08 Oct 2026	08 Oct 2026	Online	Virtual	€795.00
29 Oct 2026	29 Oct 2026	Online	Virtual	€795.00
19 Nov 2026	19 Nov 2026	Online	Virtual	€795.00
17 Dec 2026	17 Dec 2026	Online	Virtual	€795.00

Frequently Asked Questions

Q: What delivery options are available for Project Management Foundations - 1-day Workshop?

We offer multiple delivery formats:

- Live Instructor-Led Classroom Online (Virtual/Live Online)
 - Traditional Instructor-Led Classroom Training (ILT)
 - On-site delivery at your offices anywhere in United Kingdom
 - Private dedicated courses customized for your team
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Q: How many CPD hours does this course provide?

The 1-day Project Management Foundations - 1-day Workshop course provides up to 6.5 CPD hours of structured learning. CPD certificates can be provided upon request.

Q: What is the duration of the Project Management Foundations - 1-day Workshop training?

The training takes place over 1 day(s), with each day lasting approximately 8.00 hours including breaks for lunch and refreshments.

Q: Do you provide corporate training for Project Management Foundations - 1-day Workshop?

Yes, we provide corporate training, dedicated training, and closed classes for Project Management Foundations - 1-day Workshop. Training can take place anywhere in United Kingdom including London, Manchester, Birmingham, Edinburgh, or live online allowing teams from across United Kingdom or internationally to attend.

Q: Why choose Nexus Human for Project Management Foundations - 1-day Workshop?

Nexus Human is recognized as one of the leading training providers. Our trainers have won multiple awards including:

- Small Firms Best Trainer Award
- National Training Partner of the Year (Ireland) - Multiple Years
- Global Top 30 Instructor Awards (2012, 2019, 2021)
- Tech Excellence Award Nominations
- Learning Performance Institute (LPI) External Training Provider Sponsor 2024

Q: Are there any discount codes available?

Yes! Use discount code **PENPAL5** when booking your Project Management Foundations - 1-day Workshop training. Please note that only one discount code can be used per booking and cannot be combined with other special offers.

Nexus Human

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